

## ROOT AND BARREL KITCHEN - LUNCH MENU

### APPETIZERS

**GF CRISPY PORK BELLY** 14  
*smoky bbq sauce, chipotle crema*

**SOUTHERN FRIED PIMENTO  
CHEESE BALLS** 12  
*red pepper jelly*

**GF R&B SHRIMP COCKTAIL** 14  
*jumbo gulf shrimp poached with lemon,  
bay leaves, sweet chili cocktail sauce*

**MEDITERRANEAN PIZZA** 10  
*pesto, feta, parmesan, and olive,  
artichoke, tomato bruschetta. balsamic  
reduction*

**SPINACH ARTICHOKE DIP** 13  
*served with fried pita*

**GF CRISPY PANANG** 15  
*coconut curry shrimp with mango chili  
sauce*

**GF BEEF CARPACCIO** 15  
*fried capers, minced onion, maldon sea  
salt, parmigiano reggiano, cherry  
tomatoes, thyme oil, balsamic glaze*

**SOUTHERN FRIED PICKLES** 10  
*breaded dill pickles, spicy ranch*

**ROASTED RED PEPPER HUMMUS**  
11  
*served with pita chips and vegetable  
crudités*

**GF WINGS** 10  
*6 smoked wings with house made BBQ  
or Buffalo  
ranch or blue cheese dressing*

**CHARCUTERIE BOARD** 18  
*chef's choice of meats, cheeses, and  
accents*

### SOUPS AND SALADS AND BOWLS

**SOUP DU JOUR** 6 CUP 10 BOWL

**GF WALDORF** 7 HALF 13 FULL  
*apples, celery, walnut, raisin, grapes,  
poppy seed dressing, mixed greens*

**LEMON CAESAR** 7 HALF 13 FULL  
*house made caesar, romain, croutons,  
lemon zest*

**DAILY QUICHE** MKT

*chef's choice of quiche, house salad and  
citrus vinaigrette*

**GF BACON AND BLUE** 8 HALF 15 FULL  
*applewood smoked bacon, tomatoes,  
red onion, romain, and house made  
bleu cheese dressing*

**TOMATO BASIL** 6 CUP 10 BOWL

**HOUSE SALAD** 6 HALF 11 FULL  
*romain, onions, cherry tomatoes, and  
cucumbers  
choice of... citrus vinaigrette, bleu cheese,  
ranch, caesar, or poppy seed dressing*

..... Add Protein-grilled chicken...7/Shrimp...8/Salmon...9 .....

### BRASSTOWN DRY AGED BURGERS 8OZ

| gluten free bun available upon request |

**\*THE BUMPKIN** 17  
*swiss, fried pickles, worcestershire onions and spicy ranch*

**\*THE SOUTHERN GENTLEMEN** 17  
*house made pimento cheese, bacon jam with sweet and spicy  
pickles*

**\*THE ARISTOCRAT** 17  
*bleu cheese, bacon, dried cherry tomato, lemonata, arugula*

**\*THE BALD EAGLE** 17  
*brown sugar bacon, cheddar, worcestershire onions, house  
pickles, and romaine*

**\*THE OLD MAN** 15  
*bacon and cheddar with lettuce, tomato, onion, and pickle*

### LUNCH ENTRÉES

Your choice of french fries or house chips Substitute fruit cup, side salad, or soup cup...2

**CHICKEN TENDERS** 10  
*Fried chicken tenders served with honey mustard*

**FISH & CHIPS** 14  
*Smithwicks beer battered cod with house made tarter sauce*

**MAIN STREET CHICKEN SANDWICH** 12  
*fried or grilled, sriracha honey sauce with southern coleslaw*

**"IT'S NOT A CUBAN"** 14  
*house smoked pulled pork, good night brothers country ham,  
roasted garlic mustard, pickles, and swiss on a pressed baguette*

**R&B PULLED PORK SANDWICH** 15  
*smoke and vinegar, southern slaw, and sweet pickles on a  
brioche bun*

**GF<sup>VEGAN</sup> SOUL BOWL** 15  
*black beans, jasmine rice, sweet potato, pecans, pickled onions,  
seasonal fruits and veggies, with a tahini maple dressing*

**CHICKEN SALAD CROISSANT** 12  
*house made chicken salad*

**PIMENTO GRILLED CHEESE** 12  
*house made pimento cheese on toasted sourdough*

**TURKEY AND BRIE CROISSANT** 15  
*Turkey, dried cranberries, cranberry mustard, spring mix, and  
tomato*

**HALF AND HALF LUNCH COMBO** 12  
*½ chicken salad croissant or ½ turkey and brie or ½ pimento  
cheese*

choice of any ½ salad or cup of soup

\*\*\*consuming raw or under cooked meat, poultry, shellfish, fish, or eggs may increase your risk of food borne illness, especially if you have certain underlying medical conditions\*\*\*